

CIENNA PLANT

Height 5'7.5" Bust 30" A/B Waist 24" Hips 32.5" Dress 10 AUS/6 US Shoe 8 US (kids) Size 12 - 14 Top S Bottom S

Hair Brown Eyes Blue

Instagram Facebook

EXPERIENCE

Feature Film

Year	Production	Role	Company/ Director
2019	Occupation 2: Rainfall	Extra	NBC Universal
2017	Dynamis	Young Clavia (lead)	Mack Sparkle

Short Film

Year	Production	Role	Company/ Director
2025	The Artist	Lead	Michael Pearce
2024	The Othered	Extra	Samuel Leitch
2023	Griffin Upr Comedy	Extra	Orlando Macgregor
2022	Spork and Buskin	Extra	Mel Poole
2017	Short Comedy film	Extra	Shaun C JMC Academy

TV Commercial

Year	Production	Role	Company/ Director
2021	Bapcor TVC	Car Wash Girl	McMillan Films - Justin
2017	Sunshine Coast Tourism TVC	Daughter	Sonic Images for Sunshine Coast Tourism
2017	BDB Law TVC	Daughter	Christian Fitzpatrick

TRAINING

Year	Description	Institution
2025	Empowering the Artist	AAEFA
2024	Young Artists Masterclass	AAEFA
2023	Stage and Screen Acting	NIDA
2020	Stuntline and Driving Combat	Stunt Academy
2019	Workshop	Charmaine Gilchrist
2018	Workshop	Thia M'neon
2017	Workshop	Livia O'Shaughnessy
2016	Workshop	Ben Parkinson
2015	Showreel	Jim Loof
2020	Yearly coaching	Premiere USA
2019	2 day Junior screen acting and US accent	The Warehouse Workshop
2018	Wild Child Acting School	The Warehouse Studio
2017	Miss Julie Casting workshop	Miss Julie Trotter
2016	Vocal Training	Multiplay Music Centre



HOWELL *Mgmt*

Elite - Actors - Commercials - Extras - Theatre

KRISTY HOWELL

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MODELLING

Photoshoots/Fashion Shows

Year	Description	Institution
2022	Multiple group themed photoshoots	SEQ Portrait Photography
2022	Multiple independent photoshoots	Garrie McLeod
2021	Head Dress Model – Magazine Published	Byrd Evenden Light
2021	Multiple group themed photoshoots	Personal Projects and SEQ Portrait
2021	Old Style Hollywood – Magazine	Arun - SAK Photography
2020	French Quarter – Magazine Published	Brett Styles
2019	Multiple group themed photoshoots	Personal Projects
2018	Multiple independent photoshoots	Garrie McLeod Light
2018	Magazine – Anti Bullying Campaign	Caroline Keady and Teen Magazine also sourced in Rising Model and Model Source

Fashion Show

Year	Description	Institution
2019 & 2018	Model Workshop	Satwalk for Kidz
2018	Model	Easy Models
2018	Model	Miss Glamourgenics – Morgan
2018	Model Finalist	Country Girl Management
2018	Model	Ms Morgan Mantra
2017	Model	DJ Jazzy Fashion Meets Music

Singing

Year	Production	Role	Company/ Director
2019	Primary School Band	Singer	St Matthews